

## Fruit and Vegetables

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Fruit and vegetables Any fresher, you need to grow it yourself!

Fresher produce brings you closer to the land. To feel vibrant and healthy you need fresh produce of the highest quality. So you should never settle for less than the Mediterranean Market hand-picked fruit and vegetables. The best part is that you don't have to pay a premium for that premium quality! Years of local knowledge in the produce industry enables the Mediterranean Market to source and provide the best possible selection and quality available. **LOCALLY GROWN - ORGANIC - NZ GROWN - IMPORTED**

Walk through our temperature controlled chillers and select from our extensive range of the finest freshest produce available.

Product is sourced locally, nationally and internationally. Central Otago is renowned for its beautiful summer stone fruits, available from late November till end of March.

Other products to look out for:

- Basil & Parsley Partners - Fresh Herbs
- Crystal Gardens Fancy Lettuce

Brydon and Fresh Direct organic range, "Goodies on the Gorge" organically grown locally.